

# TAKE THIRTY

## December 2020

### Introduction

Welcome to our last Take Thirty Newsletter of the year, and what a year it has been for us all.

In our “60 Seconds with” we finish the year by learning more about our colleague Mr Raju who works in Ghala Head Office as well as our most recent industry recognition awards, a reflection of the tremendous work being done around and outside of the business to make the world a better, safer and healthier place for all.

We also highlight some of the sterling work being done on our project in Muscat as well as the Plant and Transport Department refreshing previously learnt skills and of course we continue to learn from our colleagues in Duqm.

We also set out our high level HSSE priorities for next year as well as the continuation of our “The lazy persons guide to saving the world” series.

We are very pleased to announce that due to the continued popularity of our Take Thirty Newsletter, we will, from next year, be moving to a quarterly publication that will allow us to showcase even more of the work we do and our collective achievements.

Until then, a tremendously happy Christmas period and safe and healthy new year not forgetting that Covid-19 will not respect the things that we hold dear. The vaccine is coming but it is not yet here so we must continue to Take Control and do all the things that we need to do to protect ourselves and others from this Pandemic.

  
Peter Baker

### 60 Seconds With Raju Gadam, Ghala Head Office



#### 1. How long have you been with the company and what is your job role?

I have almost completed 11 years at Douglas OHI, and my role involves looking after the soft services in Ghala Head Office.

#### 2. Why is HSSE important to you?

I came to Oman to earn money for my family. If anything was to happen to me, my whole family will suffer, so it's very important to work safely and return back home safely. This is not only for me, it's for everyone.

#### 3. What do you like most about your job?

Every day is a day of learning because I am always working with different people across the office in helping them to get through their busy day.

#### 4. What do you do in a typical day?

My day usually starts with filling water bottles, serving coffee/tea to staff members and visitors when required, distributing files, photocopying, filing and ensuring the pantry is clean and tidy.

#### 5. How do you apply HSSE to your daily duties?

Maintaining good housekeeping standards is essential in my everyday role. This helps avoid slips and trips ensuring the safe and smooth operation of Head Office.

#### 6. What would you say to someone working unsafely?

Usually, the office staff are safety educated and they work in a safe manner. However, perhaps due to busy work schedules, they might forget so I will politely remind them if they do anything unsafe. They always thank me for this.



# Douglas OHI walks away with top honours for CSR Initiative at Construction Week Awards 2020



For the third consecutive year, Douglas OHI has walked away with the CSR Initiative of the Year at the Construction Week Awards 2020 for the Autism Awareness and Education programme. The awards ceremony was held on 9th December at the JW Marriott Marquis, Dubai.

The judges believed that the initiative was a ‘bold and creative’ choice.



Aaron Hennessy, General Manager, Douglas OHI, said: *“We are absolutely thrilled to have won this fantastic award at one of the most prestigious business events in the region. We believe that Corporate Social Responsibility is vital for every business to succeed, and that all businesses should give back to their local communities. We place a very high value in supporting those in need as well as helping our future generations.”*

For more information about the Construction Week Awards 2020 please visit: <https://douglasohi.com/category/industry-recognition-awards/>

## Dossier Construction Infrastructure Awards 2020: Douglas OHI Wins Best HSE and Training Initiative Awards

We’re delighted to announce that Douglas OHI has won the Best HSE Initiative and Best Training Initiative Awards at the Dossier Construction’s Infrastructure Awards 2020, held at Sheraton Hotel, Muscat on 9th December.

Judges praised both initiatives for having a behavioural approach with a common embedded message. Both programmes are aimed at communicating safe and unsafe site practices in a bid to raise employee awareness about how to reduce accidents across the business.



Aaron Hennessy, General Manager, Douglas OHI said: *“It is an honour to receive both awards on behalf of Douglas OHI and each of our employees who place health, safety and innovation at the forefront of their approach to work. We will always have room for improvement, but these awards provide recognition for our efforts.”*

Douglas OHI would also like to congratulate other winners and thank Dossier for this recognition.

For more information about these award winning initiatives please visit: <https://douglasohi.com/dossier-constructions-infrastructure-awards-2020/>



## Pollution Control Campaign, Duqm

Our Duqm HSSE Team recently conducted a Pollution Control Campaign designed to focus on four key areas - land, waste, water and pollution prevention.

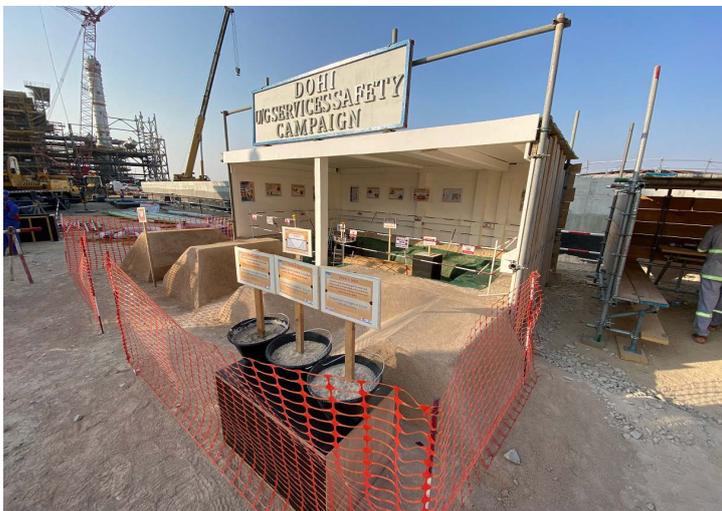
Participants were taken through the measures they can take to be conscious of how much waste and pollutants work activities create and the consequences they have.

The session also covered strategies that reinforced the importance of emergency planning when chemicals of any type are involved.



## Underground (U/G) Services Safety Campaign

Our Duqm based project team carried out a U/G Services Safety Campaign aiming to promote best practices and demonstrate safety, efficiency and effectiveness of underground utility installation.



# Health & Safety Best Practices

Work continues to progress well on our project in Muscat. Amongst other issues during this period, the project team recognise the importance of good practices and how they ensure that our employees go home safely.

For more information please contact [hsse@douglasohi.com](mailto:hsse@douglasohi.com).



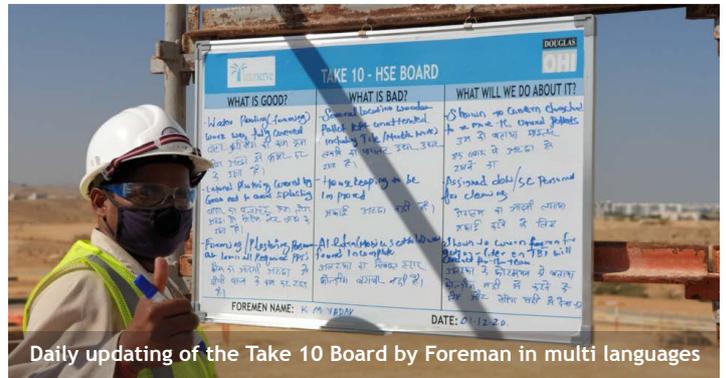
Pedestrian access & equipment using separated areas



Height works drop zone



Site access area are routed without obstruction



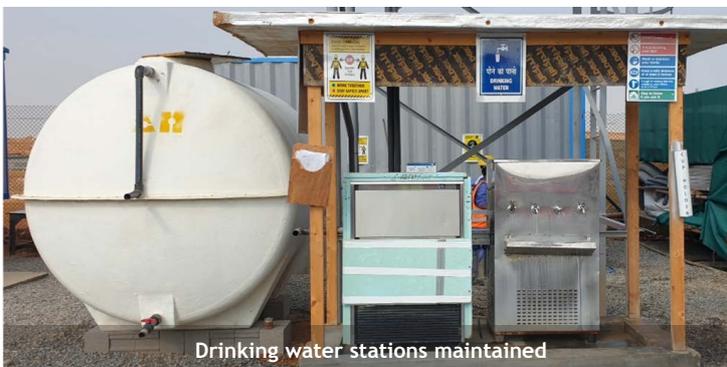
Daily updating of the Take 10 Board by Foreman in multi languages



Roof waterproofing work covered/protected with tarpaulin to avoid the accidental release of chemical overspray



Housekeeping maintained



Drinking water stations maintained



Social distancing bus boarding & alighting point made at site

## Have Your Say...

Do you have a suggestion on how we can improve Take Thirty? Tell us what you like best about the newsletter and how we can make it even better. Send your feedback or comments to [hsse@douglasohi.com](mailto:hsse@douglasohi.com).



## Mobile Scaffolding Refresher

The Douglas OHI HSSE Team recently conducted a Mobile Scaffold inhouse training session at our project site in Muscat.

The training was aimed at giving employees the working knowledge and skills in the methods of safe erection and dismantling of mobile scaffolding and it's inspection.

Participants were taken through the relevant regulations, codes of practices and good working practices along with hands on practical skills, enabling them to safely erect, move, alter, use and inspect mobile scaffolding.



## Cargo Lashing Belt Refresher

In order to reduce the risk of accidents due to insecure loads and to improve the way we use cargo lashing belts, the Plant Department conducted a Cargo Lashing Belt Refresher session for drivers and Stores helpers based in Barka. They were shown the correct and safe way of using lashing belts and importantly a practical session.



# Our 2021 HSSE Mission, Goals and Targets, Peter A Baker

I, like many others, get confused with the difference between Missions, Objectives and Targets etc.

So let's be clear, our HSSE mission (our ultimate goal) for next year is to:

“To achieve OHS&E Excellence Throughout our Business Operations”

The next questions will be around how we will do it, our Goals i.e. the more specific things we will strive for:

1. Good Health for Employees
2. Reducing the number of accidents suffered by our employees at work.
3. Ensuring our HSSE performance contributes to a sustainable business.
4. Ensuring our business activities have a positive impact on the wellbeing of everyone affected by what we do.
5. Encouraging positive behaviours and shared perceptions of HSSE performance.

Beneath these goals we have a series of measurable objectives that will contribute to our ultimate mission success, for more specific information, please contact me.

We will also modernize the way we report accidents and incidents as well as the way we capture HSE Data using Power BI.

We will also discontinue CATS reports in favour of our Constructive Intervention approach, something that is unique to Douglas OHI.

We will also continue to quantify our HSSE Culture using the annual Cultural Survey which is something that we will get smarter at by reducing the amount of paperwork involved.

Despite the challenges, 2020 has seen many success stories and improvements in the way we do things and with your support, commitment and enthusiasm for positive change we will continue on our mission for HSSE Excellence for all our employees and stakeholders.



## From Around The World ... UK

### Angle grinder causes explosion.

A construction company managing director (MD) has received a suspended sentence after an employee suffered severe burns on a site in the UK.

The Court heard how the company failed to take the necessary precautions for the decommissioning of a petrol tank, which resulted in an explosion.

The investigation into the incident found that the injured person and another operative were instructed by the MD to use an angle grinder to remove the tank lid to speed up the decommissioning work.

While performing this task, the petrol vapours within the tank were ignited and an explosion occurred. The injured person sustained burns to 26% of their body.

The investigation also found the MD had been informed by a specialist

that the work to decommission the fuel tank was a specialised operation and needed to be completed by a competent contractor.

Neither operative had any of the training, experience or knowledge required to make them competent.

The MD pleaded guilty to safety breaches and was given a six month suspended jail sentence and ordered to pay total costs of approximately OMR 4,250.

Speaking after the court hearing, the investigation inspector said “The accident could have been prevented if the work was appropriately planned through an adequate risk assessment.

“Had this been the case, competent operatives would have conducted the work, the tank would have had its hazardous contents (petrol vapour and petrol) removed safely and equipment appropriate to use around an explosive atmosphere would have been used.”

## And Finally...



Last month we mentioned the United Nations Sustainable Development Goals, these are important, world-changing objectives that require co-operation among governments, international organisations and world leaders.

Is it possible that the average person (You and I) can make an impact?

Yes! Change starts with you and me!

We part of the solution.

Whatever the cause, climate change is a real threat to our way of life. Fortunately, there are some easy things we can adopt into our home habits that will make a big difference, such as:

- Air dry. Let your hair and clothes dry naturally instead of running a machine. If you do wash your clothes, make sure the load is full.

- Take short showers. Bathtubs require gallons more water than a 5-10 minute shower.
- Eat less meat, poultry, and fish. More resources are used to provide meat than plants.
- Freeze fresh produce and leftovers if you don't have the chance to eat them before they go bad. You can also do this with take-away or delivered food, if you know you will not feel like eating it the next day. You will save food and money.
- Compost—composting food scraps can reduce climate impact while also recycling nutrients.
- Recycling paper, plastic, glass & aluminium keeps landfills from growing.
- Buy minimally packaged goods.
- Avoid pre-heating the oven. Unless you need a precise baking temperature, start heating your food right when you turn on the oven.
- Plug air leaks in windows and doors to increase energy efficiency.
- Replace old appliances with energy efficient models and light bulbs.
- If you have the option, install solar panels in your house. This will also reduce your electricity bill!
- Don't rinse. If you use a dishwasher, stop rinsing your plates before you run the machine.
- Choose a better diaper (nappy) option. Swaddle your baby in cloth diapers or a new, environmentally responsible disposable brand.

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# TAKE CONTROL

Wash Hands;  
Use Handsanitiser;  
Social Distance;  
Wear A Face Mask; and  
Avoid Contact.

[www.douglasohi.com](http://www.douglasohi.com)

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