

TAKE THIRTY

July 2020

Introduction



Welcome to the latest HSSE Newsletter, in which we look around the business to share and recognise the work being done to raise awareness and promote the safety, health and wellbeing of all people we interact with.



First things first, congratulations!

Douglas OHI has achieved a Gold Award from the Royal Society for the Prevention of Accidents (RoSPA) for the 3rd consecutive year!

The following quote that came with the award notification says it all.

"Congratulations! It's a huge achievement to be successful in the toughest health and safety competition in the world!"

To be clear this is not an award for the Douglas OHI HSE Department, it is recognition, on an international platform, for your collective efforts in making our workplaces safer for all!

Well done, keep it up, stay strong and resilient because your actions matter and are recognised by others.

We continue to push out the COVID-19 message but as you will see we have changed the tone of the conversation to one of Take Control. We recognise that this infectious disease is not going away anytime soon, it is up to us Take the necessary actions that will Control and ultimately reduce its impact.

We welcome Mr Mohammad Ibrahim to our Newsletter, he shares his thoughts on his time with the company and the contribution he continues to make.

Work and awareness training continues in Duqm and a significant milestone has been achieved.

The company has contributed to the much wider community by construction an ICU facility in the SEZAD area, well done to all.

In line with our Take Control ethos preparations are being made in Barka, should there be a need for COVID related isolation space.

We hope you enjoy your trip around the company and thanks again to all those who contributed.


Peter Baker





1. How long have you been with the company and what is your job role?

I have been with Douglas OHI for the past 16 years and three months - precisely since 1 April 2004.

My initial role was as part of the site team operations, and since then I have undertaken many different roles including site management, job coordination, etc, which has led me to my current position as Administration and Camp Manager.

2. What are the biggest changes you have seen since you joined the company?

During my time at Douglas OHI, I have seen tremendous positive changes throughout the company in terms of rewards, talent development, solid geographical footprint growth, and exceptional delivery of projects.

These are just a few changes of the top of the my head... the list is pretty long.

3. What is the most satisfying thing about your job?

I absolutely love the teamwork and the respect that we all have for one another. It is fun coming to work with happy people who love where they work and I see smiles everywhere I turn.

Work feels effortless, because everyone comes together to deliver.

I thoroughly enjoy all the work I do on daily basis for the company, and I do this with gratitude from the bottom of my heart.

4. What are the biggest challenges you face on a daily basis?

Unfortunately due to present conditions I am not able to spend a lot of time in the camp. As with most businesses, we have had to adapt to new ways of working, but this has not prevented me from performing my role efficiently and productively.

5. What do you say to those people who worry a lot about the COVID -19 situation?

I would say to all of you - do not panic.

COVID-19 is everywhere and everyone is dealing with this pandemic.

What we must do is follow the instruction that we are given by the relevant authorities and maintain good hand hygiene, isolate if advised, wear face masks properly and do not go out unless absolutely necessary.

We have come through many challenges in the past, and we will again with good team work and good team spirit we will come through this stronger.

6. What has been your favorite day at work so far?

Every day is my favorite day as long as I work for Dougals OHI and with my favorite team in Sohar. We have a great team here, and there have been lots of opportunities for growth.

At Douglas OHI you definitely feel that you've become a part of a family.

Douglas OHI employs a top-down leadership approach and the management is ready and willing to jump in when required.

Having a well-put-together team starts from the top and I'm so fortunate to have such an amazing leadership team. We're all here to support one another to grow professionally, as well as personally.

Douglas OHI Celebrates Third Consecutive RoSPA Gold Health & Safety Award



Douglas OHI Celebrates Third Consecutive Gold Global Health And Safety Award From The Royal Society For The Prevention Of Accidents (RoSPA)

We are thrilled to announce that for the third consecutive year Douglas OHI have been awarded a RoSPA Gold Health and Safety Award.

The foundation of our business philosophy is built upon creating safe working environments and ensuring that everyone gets back home safely to their families at the end of every working day.

Aaron Hennessy, General Manager, Douglas OHI said: “We strive for the highest standards in health and safety as it forms a key part of our value of doing the right thing. We’re delighted to receive the gold award for the third year running as it demonstrates that we have achieved excellence for a sustained period of time, as well as our commitment to Health & Safety at both a project and corporate level.

This Gold Award goes a long way towards helping us stand out from our industry peers and provides our clients with confidence that we are committed to being locally dedicated with internationally recognised standards, especially when it comes to health and safety best practices.

Finally, but not least this award is recognition of our focus on initiatives that support the United Nations Development Goal - Good Health and Wellbeing. Our safety, health and well-being programmes are helping to improve the health of our employees, from providing exercise advice and mental health support to reducing accident rates.”



Julia Small, RoSPA’s head of qualifications, awards and events, said: “The RoSPA Awards scheme is the longest-running of its kind in the UK, but it receives entries from organisations around the world, making it one of the most sought-after global accolades in health and safety.

“RoSPA wants every employee, wherever they are, to work safe in the knowledge that they will be going home unharmed and healthy at the end of every day. The RoSPA Award winners are vital to help achieve this goal, as by entering they are driving up standards and setting new benchmarks for organisations everywhere. Currently, around 7 million people are directly impacted by the RoSPA Awards, but the scheme’s influence is even wider.”

Organisations receiving a RoSPA Award are recognised as being world-leaders in health and safety practice. Every year, nearly 2,000 entrants vie to achieve the highest possible accolade in what is the UK’s longest-running H&S industry awards.

Take Control Of COVID-19



WASH HANDS



USE HAND SANITISER



DON'T SHAKE

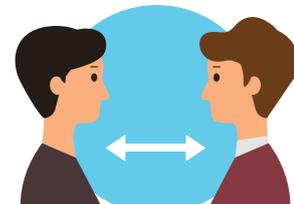


USE DISINFECTANT



AVOID CONTACT

WEAR A FACE MASK



KEEP DISTANCE

Manual Handling Inhouse Refresher, Duqm

On a construction site there are often heavy or awkward objects to be moved to keep the work process moving.

When an individual lifts, lowers, pushes, pulls, carries or otherwise handles any object this is best defined as manual handling. In short, moving anything by bodily force.

There are a wide range of risks associated with manual handling including:

- Serious back injuries;
- Repetitive strain disorders;
- Sprains of muscles or tendons;
- Slips, trips and falls.



Our Project Team in Duqm conducted manual handling refresher training, to ensure workers at risk are reminded of how to lift and handle objects without sustaining any injury. The training also provided pointers on how best to use equipment and risk reduction.



Working At Height, Duqm

Douglas OHI provided refresher training to operatives who work at height on our the Duqm Refinery Project.

The session emphasised the underlying principles of carrying out working at height risk assessment, safe use access equipment and monitoring to ensure that employees can reduce their risk of falls from height, adopting preventive and protective measures, rescue procedures in cases of emergency.

The session highlighted:

- The associated risks.
- The factors that contribute to persons falling from height.
- The control measures to reduce the risk of falls from height.
- The proper use of access equipment and safe methods of access to reduce or eliminate the risk of falls.



Fire Prevention Awareness

The Douglas OHI Safety Team based in Duqm conducted an awareness session on fire prevention, the use of fire extinguishers, the recognition of fire signs, emergency procedure and safe evacuation.

The awareness session highlighted:

- The various kinds of fire hazards encountered onsite.
- The actions employees must take if they encounter a fire.
- Fire prevention and protection requirements implemented onsite.
- Best practices on how to prevent fire incidents.
- How to develop a safety culture encouraging safe behaviour.
- How to be ready in the event of an emergency, as well as the potential consequences.

In addition, employees were given a refresher on fire signage, as well as the different extinguishers that are needed for different types of fires and along with a demonstration on how to use them. It also looked at safe evacuation and what you should do in emergency situations.

Through role plays and sharing best practices with each other, all onsite personnel are aware of their responsibilities regarding health and safety allowing them to perform their jobs safely. Supporting material was provided in English, Arabic and Hindi.



5 Million Safe Man-Hours Achieved



Douglas OHI recorded an achievement of five million safe man-hours for its employees without a Lost Time Injury (LTI) as of June 30, 2020. The milestone mirrors the management's efforts in creating a safe environment for all employees.

The achievement is attributed to a number of safety programs and campaigns undertaken since the company assumed operations at the Duqm Refinery Project.



Construction of the SEZAD ICU Facility

Acting responsibly is at the heart of all we do at Douglas OHI. We believe that community support can make a positive difference for everyone.

With the ongoing COVID-19 pandemic and lack of available facilities in the SEZAD area, Douglas OHI is providing support by preparing an unused building as an ICU facility.



Take Control Of COVID-19

At Douglas OHI our focus is the safety, health and wellbeing of our employees, contractors and customers, and below are just some of the steps we have taken in response to COVID-19.

- COVID-19 Awareness
- Facemask usage
- Socially distancing in the Mess
- Preventive measures



Getting Barka Villa Ready For COVID-19, Suha Al Dhuhli - Barka Plant

The WHO declared the outbreak of coronavirus disease. Therefore, the world is taking action and measures to contain and stop the spread of COVID-19.

Douglas OHI cares about health and well-being and for this reason we have prepared the Villa at Barka, as per Ministry guidance, to be used for the isolation of any confirmed cases.

At the entrance to the Villa, we have provided a designated area for our Nurse to consult with the isolated patients.



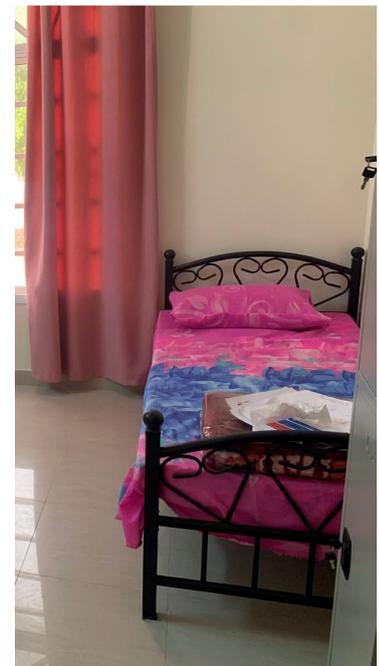
Eight rooms are provided with single beds for each patient, shared toilet facility, hand hygiene facility like soap and hand sanitizer, individual ventilation system by AC, trash bin with lid/cover, bottled of water and disposable cups, and cleaning materials for each room.

WIFI or phone cards would be arranged for patients who go into isolation.

In case of fire we have a designated assembly point, fire extinguishers, smoke detectors in each room, designated fire exits, emergency lighting, and fire notice posters in different languages displayed all over the Villa.



Despite all the amenities prepared, we pray that no one falls prey to this virus by maintaining social distance, hand and personal hygiene, wearing mask and adhering to rules by the company and Ministry.



Have Your Say...

Do you have a suggestion on how we can improve Take Thirty? Tell us what you like best about the newsletter and how we can make it even better.

Send your feedback or comments to hsse@douglasohi.com.



From Around The World ... UK

A coronavirus vaccine developed by the University of Oxford appears safe and triggers an immune response.

Trials involving 1,077 people showed the injection led to them making antibodies and T-cells that can fight coronavirus.

The findings are hugely promising, but it is still too soon to know if this is enough to offer protection and larger trials are under way.

How does the vaccine work?

The vaccine - called ChAdOx1 nCoV-19 - is being developed at unprecedented speed.

It is made from a genetically engineered virus that causes the common cold in chimpanzees.

Prof Andrew Pollard, from the Oxford research group said: "We're really pleased with the results published today"

"They're extremely promising and we believe the type of response that may be associated with protection.

"But the key question everyone wants to know is does the vaccine work, does it offer protection... and we're in a waiting game."

The study showed 90% of people developed neutralising antibodies after one dose. Only ten people were given two doses and all of them produced neutralising antibodies.

"We don't know the level needed for protection, but we can maximise

responses with a second dose," Prof Pollard told the BBC.

Prof Sarah Gilbert, from the University of Oxford, UK, says: "There is still much work to be done before we can confirm if our vaccine will help manage the Covid-19 pandemic, but these early results hold promise."

What are the next steps in the trial?

The results so far are promising, but their main purpose is to ensure the vaccine is safe enough to give to people.

The study cannot show whether the vaccine can either prevent people from becoming ill or even lessen their symptoms of Covid-19.

Until this or any other of the Vaccines under trial come available we must all remember to keep practising the basics of COVID-19 prevention - Take Control!



And Finally... Mutant Enzyme Heralds Breakthrough In Recycling

Whilst the headline may at sound a bit scary, scientists have created an enzyme that can break down used plastic bottles for recycling in a matter of hours.

Engineered from bacteria found in leaf compost, the enzyme reduces PET bottles (made from polyethylene terephthalate, a form of polyester) to their chemical building blocks, which are then used to make high-quality new bottles.

Existing recycling technologies usually produce plastic suitable only for clothing and carpets.

The French company behind the breakthrough, aims to be recycling at an industrial scale within five years.

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TAKE CONTROL

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Stay Well,
Take Care.

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